


Personal Strengths & Assets	Technology	Relationships	Community Based	Eligibility Specific
<p>Learn about and try different transportation options</p> <p>Wear a mask when needed</p> <p>Ride an electric bicycle</p> <p>Engage in the community</p> <p>Be willing to meet responsibilities in using transportation</p> <p>Recognize and develop skills for using transportation</p> <p>Know where to find assistance and ask for help</p> <p>Plan your trip ahead of time. Know where you need to be and what time to be there.</p> <p>Obtain a driver’s license and car</p> <p>Learn to use Google Maps/other maps</p> <p>Learn safety features within transportation apps</p>	<p>Public Transportation Services and Programs Map</p> <p>Find My Ride (FMR) – This allows people in most PA counties to apply for transportation assistance programs</p> <p>Aunt Bertha: Search and Connect for Help</p> <p>Tips and Guidelines for Using Mass Transit for Individuals with Autism – These tips and guidelines are helpful for all people</p> <p>Use a search engine on your computer to research local transportation options in your city or town (like busses, trains, taxis, and bicycle rentals)</p> <p>Vehicle modifications</p> <p>Uber and Lyft Apps, with attention of safety features</p> <p>Tech Owl</p>	<p>Family and friends</p> <p>Coworkers and neighbors</p> <p>Helpful professionals to assist in connecting to transportation</p> <p>Information and Referral (I&R) Resources</p> <p>You may also dial 2-1-1 to reach your local United Way helpline</p> <p>Employer-offered transportation programs like vanpooling</p> <p>Professionals, friends, or family can help coordinate/rent vans for trips</p> <p>Go-Go Grandparent</p> <p>PA Centers for Independent Living (CIL’s)</p> 	<p>Ridesharing Programs, including car and vanpool options</p> <p>PennDOT-Maintained Park and Ride Facilities</p> <p>Private Pay and Publicly Funded Programs - Some can help with finding accessible transportation, a ride to the store or a medical appointment</p> <p>AMTRAK</p> <p>Greyhound Bus Lines</p> <p>Mobility Works</p> <p>Megabus</p> <p>University Transportation Centers (UTCs)</p> <p>PA Developmental Disabilities Council Grants</p> <p>Care Driver</p>	<p>Office of Vocational Rehabilitation (OVR)</p> <p>Schools and Intermediate Units (IU’s)</p> <p>Home and Community Based Services - PA Link to Community Care</p> <p>Medical Assistance Transportation Program (MATP)</p> <p>Older-Adult Auto Insurance Discounts</p> <p>Retired-Status Registration</p> <p>Low-Vision Licenses</p> <p>Programs for Seniors and People with Disabilities</p> <p>Parking Placard and/or Registration Plate</p> <p>Community Health Choices (CHC)</p>