



What is Wait Time?

The time between asking a question and getting an answer.

The time between making a statement and getting a response.

Who do I need to give wait time to?

Everyone needs wait time!

We all need time to process what was communicated (and everything that comes with it).

Why Should I Wait?

Communication can be tough. Hearing or seeing what was said, interpreting body language, facial expression, haptics, etc. Everyone processes at different speeds and it's important to respect that.

For some, time to translate from one language to another



Time to process what they want to respond with

To give the user time to take their turn and compose their message

It shows that you respect them and recognize/encourage all communication attempts



How do I do it? How long do I wait?

It seems like it should be a simple thing to do but it's difficult and takes practice. People tend to feel uncomfortable in silence.

There isn't a set amount of time to wait. Look at the cues the person gives you.

Wait in silence!

Don't do something else while waiting, sit still, attend, and wait.

