



"BACK TO BASICS"

TRAINING & RESOURCE RECOMMENDATIONS

Short on time and need to get back to the basics while getting the most bang for your buck?

Check out ODP's BSASP Clinical team's picks!

Click on the title to access the training on MyODP



USING THE RISK DOMAIN IDENTIFICATION AND MITIGATION INFO SHEETS TO JUMP START THE RISK MITIGATION PROCESS



WHY?? Do you ever get stuck figuring out how to mitigate risks? This training and info sheets provide a framework for teams to talk through mitigation options.

ADDRESSING MOTIVATION PART 1 & PART 2

WHY?? Do you sometimes feel like the person you support is "unmotivated" or "resistant" to your support? This training will explore how providing opportunities



for autonomy, focusing on skill-building and assisting to find purpose in life can impact motivation.

INTRODUCTION TO COUNTERACTING DEVALUATION

WHY?? Have you thought about the valued social roles that the individuals you support hold? Valued social roles hold many benefits such as a sense of purpose, belonging, and engagement ultimately leading to an improved quality of life. This training provides practical strategies that you can use in your work to assist individuals you support to obtain and maintain valued social roles.



THE IMPORTANCE OF A CHECKLIST

WHY?? Feeling overwhelmed with work tasks and keeping the person you support on track? This training dives into the concept of using checklists to ensure the small details do not get overlooked when working in high-stress environments.



CHARTING THE LIFECOURSE: WHAT TOOLS TO USE AND WHEN?

WHY?? Are you interested in using the LifeCourse tools but don't know where to start? This training and resource shares some ways to identify how to use them to meet the needs of those you support.



Additionally, you will learn about a resource that is essential when trying to determine the best resource to use when supporting different Life Domains.

COMMUNITY ENGAGEMENT PART 1 & PART 2

WHY?? Are you truly supporting someone to engage meaningfully in their community or are you simply accompanying him/her in the community?

This training will review the philosophy and practice of supporting individuals with ASD and other disabilities to have meaningful community participation and what the current research is saying on this important topic.



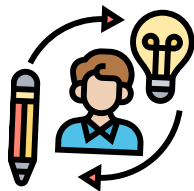
THE IMPACT OF WORDS, INTERACTIONS AND RELATIONSHIPS ON PARTICIPANT SUCCESS

WHY?? Do you know the power of your words? This training will explore the impact of our words, interactions, and relationships on participant behavior and success.



RECONCEPTUALIZING AUTISM

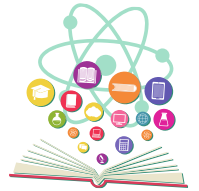
WHY?? So you think you know autism? For autistic people, we know that circumstances and situations affect whether someone experiences difficulties or successes in their life. This training provides a new framework for reconceptualizing autism in a way that is more fluid and contextual to these situations.



CLINICAL PICKS

THE STAGES OF LEARNING

WHY?? Do you become confused when teaching an individual skills? Do you know what to do once they master the skill? This training and resource focuses on the stages of learning to better understand the types of supports needed to help an individual generalize and maintain skills that are important to the individual.



NAVIGATING THE COMPLEXITIES OF MEANINGFUL & FUNCTIONAL COMMUNICATION

WHY?? Having a difficult time communicating with a participant or understanding what they are trying to communicate? This training will explore the definition of communication through multi-disciplinary perspectives, explain why it is important to accurately identify how an individual expressively and receptively communicates, and provide tools, resources, and strategies to support individuals with a variety of communication needs.



Please submit questions regarding this Info Sheet to BSASP
at RA-basprovidersupprt@pa.gov

This resource was developed by the Department of Human Services,
Bureau of Supports for Autism and Special Populations.



pennsylvania
DEPARTMENT OF HUMAN SERVICES

10/29/21