Includes hyperlinks!

WE'VE BEEN BUSY-
SUPPORTING BEHAVIORAL SPECIALISTS

In early 2021 we were thrilled to release the Best Practice Standards in Behavioral Support. We then spent a lot of the year developing resources and offering trainings related to these standards.

January

We held a **VTT on Using the Functional Behavioral Assessment (FBA) and Behavioral Support Plan (BSP) Best Practice Checklist** to provide further explanation and assistance for Behavioral Specialists when using the FBA Best Practices Checklist and the BSP Best Practices Checklist.

May

We held a **VTT on Creating Successful Environments: Antecedent Strategies in the Behavioral Support Plan (BSP)** as a complement to our VTT From last year on Reinforcement Strategies.

September

While we worked on further **developing resources for AE's and SCO's** we also released a **VTT on Person Centered Behavioral Supports.**

March

We **released the standards** and held a few **Best Practice Standards in Behavioral Support Virtual Office Hours** to review the document and gather feedback and requests for additional supports related to the standards.

August

We started working on **developing resources for AE's and SCO's** related to the standards and held a few small **VOH's with some AE's to get initial feedback.**

November

We held several **Best Practice Standards in Behavioral Support for AE's and SCO's VOH'**s and used feedback from those sessions to **finalize the BSS Best Practice Standards Checklists for AE's and SCO's and the Best Practice Standards in Behavioral Support Resource List.**

3/9/22

FUNCTIONAL BEHAVIOR ASSESSMENT TRAINING

This updated version of the FBA training was released in 2020. It is a self-paced, web-based interactive training that is required for anyone seeking to become qualified to become and AAW behavior specialist and meets the qualification requirements for behavioral specialists in the Consolidated, PFDS and Community Living Waivers. This is also a great refresher for current Behavioral Specialists.

BSS TRAININGS

While we are talking about behavioral support resources, here are some of our favorite resources from years past.

COLLABORATION BETWEEN BEHAVIORAL SPECIALIST & SUPPORT COORDINATION

This older training is still relevant and helps to review the roles of the Behavioral Specialist and Supports Coordinator as they relate to working together to assess, train, collaborate and develop the participant's plan

TEACHING COPING & SELF-REGULATION SKILLS

This older training is still relevant and helps to review the roles of the Behavioral Specialist and Supports Coordinator as they relate to working together to assess, train, collaborate and develop the participant's plan

GETTING THE MOST OUT OF AN FBA: USING OTHER DATA COLLECTION/SOURCES

Sometimes initial data collection does not paint the entire picture of the function of a particular behavior for an individual. This training highlights how to use variety of data sources to develop a more comprehensive FBA, especially when working with individuals who have complex histories.

WHAT TO DO WHEN THE GOING GETS TOUGH: TOOLS FOR THE BEHAVIORAL SPECIALIST

Supporting individuals who present with complex needs can be a challenge for even the most seasoned behavioral specialist. The challenge can be exacerbated when the team, especially those who provide the direct supports, are frustrated and unsure of their abilities. This training will provide tools and suggestions for assisting team members who are struggling.

ADDRESSING MOTIVATION ISSUES: PART 1: AUTONOMY & PURPOSE PART 2 - MASTERY

Understanding what motivates people is an essential skill set for a behavioral specialist. Often times, we may here that an individual is "not motivated" and when that is the case, we need to figure out what exactly this means and focus more on developing goals that are meaningful and allow the individual to practice self-determination. This training focuses on ways to rethink how we help build motivation using a framework of Autonomy, Mastery and Purpose.

Please submit questions regarding this Info Sheet to RA-basprovidersupprt@pa.gov

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