

**Negative Reinforcement Rating Scale (NRRS)**

*Please use the following scale to rate whether you think the activity is something your child would want to avoid:*

1 Does not bother child at all	2 Sometimes bothers child	3 Often bothers child	4 Always bothers child
Doing self-care tasks (independently)			
<i>Specify tasks:</i>			
When being helped in a self-care task (e.g., brushing teeth, toileting)			
<i>Specify tasks:</i>			
Doing school work (at home and school)			
<i>Specify tasks/topics:</i>			
Doing work around the house			
<i>Specify tasks:</i>			
Going from one area/activity to another (transitioning)			
<i>Specify area/activity:</i>			
Doing work (of any kind) that is very difficult			
<i>Specify tasks:</i>			
Doing work that requires a lot of steps			
<i>Specify tasks:</i>			
Remaining in seat (or sitting still) for a long period (e.g., in a waiting room, at dinner table)			
When in pain or uncomfortable			
When the room/area is noisy			
When the room/area is crowded			
When unable to understand or hear people (e.g., because of a visual/hearing impairment)			
When changing clothes (or diapers)			
<i>Any other situations:</i>			
			Total:

Created by John Curtinas & Louis Busch, Centre for Addiction and Mental Health  
 Adapted from Zarcone, J. R., Crosland, K., Fisher, W. W., Worsdell, A. S., & Herman, K. (1999).  
 A brief method for conducting a negative-reinforcement assessment. *Research in Developmental Disabilities*, 20(2), 107-124.