



pennsylvania

DEPARTMENT OF HUMAN SERVICES
OFFICE OF DEVELOPMENTAL PROGRAMS

Tell Someone if Anyone:

- says bad things to hurt or scare you
- yells at you or threatens you
- hits, kicks, burns, pulls, or pushes you
- touches your body or private parts when you don't want them to
- makes you do things to another person you don't want to
- takes your money or things when you don't want them to (exploitation)
- makes you pay for things you don't want to
- stops you from getting the care you need
- does not help you when you are hurt or sick (neglect)
- stops you from seeing people you like and the places you want to go



These things are abuse. Abuse is wrong. Abuse is not your fault.



You have the right to feel safe.

You have the right to report abuse.

Tell:

- Someone you trust, like family or a friend
- Your Supports Coordinator
- Office of Developmental Programs 1-888-565-9435
- Adult Protective Services 1-800-490-8505
- Disability Rights PA 1-800-692-7743
- Police or 911