

# Caregiver Support Group

## The Caregiver's Integrated Support Star

**Caregivers, your vision for yourself matters.** What you want in your life is important, and having the right support can make 'your good life' possible.

Join us this month as we explore what supports you already have in your life and which ones you need to **make your vision a reality.**

### Together We'll Look At...

- Personal Strengths and Assets
- Relationships
- Community Supports
- Technology and more.



**Wednesday, April 2nd**

2:30-4:00 pm

[pafamilynetwork.org/41xhtET](https://pafamilynetwork.org/41xhtET)



**Monday, April 21st**

6:30-8:00 pm

[pafamilynetwork.org/3XSWMXv](https://pafamilynetwork.org/3XSWMXv)



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CLICK THE ICONS TO VISIT US



Reasonable accommodations as identified under the ADA must be requested 2 weeks in advance.  
For more information: <https://www.visionforequality.org/programs/pa-family-network/> or 1-844-PAFAMILY

The PA Family Network is a program of Vision for Equality and funded through the Pa Office of Developmental Programs