

Bill of Rights

You have the right to:

1. Learn your rights and get help understanding them.
2. Be respected for who you are, for what you look like, for what you believe in, and for who you love.
3. Get help to communicate.
4. Choose people to help you make decisions.
5. Live without being hurt.
6. Make choices about your life and accept the consequences.
7. Vote.
8. Say no to activities.
9. Privacy for yourself and your belongings.
10. Control and access your belongings whenever you want.
11. Choose how, when, where, and who provides your services.
12. Express concerns about services you receive.
13. Help create your support plan (ISP).
14. Look at your records when you want.
15. Manage your money.
16. Food at any time.
17. Have visitors.
18. Have relationships.
19. Communicate with people privately whenever you want.
20. Send and receive mail, emails, texts, phone calls, and use technology privately.
21. Choose your roommate.

- 22. Decorate your home the way you like.
- 23. Lock your bedroom door.
- 24. Have a key to your home.
- 25. Make decisions about your healthcare.

Your rights cannot be taken away.

Remember, your rights should not impact the rights of another person.