



pennsylvania

DEPARTMENT OF HUMAN SERVICES

You are invited to participate in the Department of Human Services' (DHS)

STATEWIDE POSITIVE APPROACHES & PRACTICES MEETING

Jointly hosted by

The *Office of Mental Health and Substance Abuse Services (OMHSAS)* and
the *Office of Developmental Programs (ODP)*

This quarterly meeting aims to provide the most recent research and resources for people with mental health and behavioral challenges, intellectual disabilities, autism, and other developmental disabilities to live an everyday life.

Date: April 17, 2024

Time: 10:00 am – 3:00 pm

Location: Online – Zoom Webinar

TOPIC: SEXUALITY AND HEALTHY SUPPORTS

MORNING SESSIONS:

Supporting Healthy Sexuality: Consent Every Day and Sexual Self-Advocacy

The most positive approach to supporting folks with I/DD is to provide tools for empowerment through consent and sexual self-advocacy. We will discuss why consent is crucial for our daily lives and give attendees concrete tools to help people with ID/D practice every day. Sexual Self Advocacy is a term developed by Green Mountain Self Advocates that is about speaking up and honoring the right to one's healthy sexual feelings, identity, and relationships in order to live and thrive in society. Everyone's journey to sexual self-advocacy is different, and it's based on what each person needs.

PRESENTERS:

Izzy Kaufman, MEd, Assistive Technology Program Coordinator, Temple University's Institute on Disabilities

Nova McGiffert, BA, Healthy Sexuality Project Coordinator, Temple University's Institute on Disabilities

Spotlight on the Elevatus Curriculum: Sexuality Education for People with Developmental Disabilities

The SW PA HCQU has been using the Elevatus Curriculum on Sexuality Education for People with Developmental Disabilities since 2018. This presentation will introduce the Elevatus Curriculum, discuss its benefits, how the SW PA HCQU has implemented it into their training policies, and their experiences using it. This information is shared with excitement around the idea that more people with intellectual disability and autism (ID/A) may receive cognitive accessible sexuality education.

PRESENTER:

Erin Sass, Clinical Educator, Lead Sexuality Trainer, Acentra Health Southwestern PA Health Care Quality Unit (HCQU)

AFTERNOON SESSION:

Supporting Sexuality in Individuals with ID/A: Identifying Educational Need Versus Problematic Sexual Behaviors and Appropriate Response

This presentation will provide an overview of the need for person-centered approaches with the ID/A population in identifying when there is an educational need, problematic sexual behaviors, or a mixture of both. We will discuss the importance of identifying when a lack of education has led to some behaviors that can be viewed as inappropriate. We will also discuss some forms of assessment, and potential services that can be accessed to provide those who need assessment and subsequent supports with the best outcome. We will discuss person-centered approaches that supporters can use to increase knowledge in the area of sexuality daily, as well as the struggles some staff face when supporting someone who is struggling with their sexuality.

PRESENTER:

Shannon Rico, MA, MS, ABD, Central Region Clinical Director for The Office of Developmental Programs

AGENDA

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| 10:00am - 10:15am | Welcome and Announcements |
| 10:15am - 12:00pm | Supporting Healthy Sexuality: Consent Every Day and Sexual Self-Advocacy
Izzy Kaufman, MEd, Assistive Technology Program Coordinator, Institute on Disabilities
Nova McGiffert, BA, Healthy Sexuality Project Coordinator, Institute on Disabilities

Spotlight on the Elevatus Curriculum: Sexuality Education for People with Developmental Disabilities
Erin Sass, Clinical Educator, Lead Sexuality Trainer, Acentra Health Southwestern PA HCQU |
| 12:00pm – 1:00pm | Lunch Break |
| 1:00pm – 2:55pm | Supporting Sexuality in the ID/A Population: Identifying Educational Need Versus Problematic Sexual Behaviors and Appropriate Response
Shannon Rico, MA, MS, ABD, Central Region Clinical Director, ODP |
| 2:55 pm - 3:00 pm | Survey and End of Day Reflection |
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TO REGISTER: https://us02web.zoom.us/webinar/register/WN_A_IKEiALS_6bssTSSF5Mpw

The Zoom link for joining the session will be sent to the email you used to register.

Questions? Email: PATraining@columbusorg.com

Certificates of Attendance are not issued for Statewide Positive Approaches and Practices Meetings