

Sibling Good Life Group Caregiver Burnout

This group of adult siblings of individuals with disabilities will have the opportunity to guide the group's direction, network with other siblings, talk about their lived experience, hear from experts on topics relevant to sibling life, have open and informative discussions, and plan for a future that holds true potential for you and your family.



Anyone thought of like a sibling or in a sibling-like role is welcome!

What's a Good Life Group?

Good Life Groups are interactive peer learning collaboratives that allow for hands-on learning, problem-solving, networking, and building the capacity of siblings to use the Life Course framework in their own lives.

Monday, April 29, 2024

6:30pm - 8:00pm

[pafamilynetwork.org/3wXAxk6](https://www.pafamilynetwork.org/3wXAxk6)



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Reasonable accommodations as identified under the ADA must be requested 2 weeks in advance.
For more information: <https://www.visionforequality.org/programs/pa-family-network/> or 1-844-PAFAMILY