



# MyODP News Online

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*December 10, 2021*

Welcome to MyODP News Online Digest, a virtual publication from the Office of Developmental Programs. For complete stories, please visit [MyODP News Online](#)

Story suggestions and/or comments may be sent to: [ra-pwmyodp@pa.gov](mailto:ra-pwmyodp@pa.gov).



## **Competence and Confidence: Partners in Policymaking (C2P2) Accepting Applications Until January 5, 2022**

Competence and Confidence: Partners in Policymaking (C2P2) applications are being accepted through January 5, 2022. C2P2 is a free advocacy and leadership education program administered by the Temple University Institute on Disabilities.

[Read full article](#)

## **Tips to Navigate Holiday Season Stress**

As the winter holidays are approaching, we wanted to share a quick interview with Dr.





*Volume 10 ▶ Issue 3 ▶ November 2021*

Afton Kapuscinski about [Tips to Navigate Holiday Season Stress.](#)

[Read full article](#)

### **Positive Approaches Journal: Volume 10, Issue 3 Now Available**

The Office of Developmental Programs (ODP)

and the Office of Mental Health and Substance Abuse Services (OMHSAS) are pleased to announce that the latest edition of the Positive Approaches Journal is now available. Positive Approaches Volume 10, Issue 3 focuses on highlighting multisystem approaches in Pennsylvania.

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